



## ~ Think In Ink ~ 20 QUESTIONS - September 2026

1. What compliment have you received that you still remember years later? Why do you think that one stuck?
2. If your calendar from the last month could talk, what would it say your real priorities are?
3. What is something your younger self worried enormously about that your current self now knows didn't matter?
4. Whose opinion of you has more influence over your choices than you would like it to?
5. What do other people seem to know about you that you still struggle to believe about yourself?
6. If you could relive one completely ordinary day from your past, which day would you choose, and why that one?
7. What part of your personality only comes out around people you feel completely safe with?
8. What have you changed your mind about in the last five years that you once felt absolutely certain about?
9. Where in your life are you waiting for permission you don't actually need?
10. What conversation are you having repeatedly in your head that you've never actually had out loud?
11. What are you still trying to prove, and who are you trying to prove it to?
12. What do you envy in other people? What might that envy be telling you that you want?
13. What is something you miss about a previous version of yourself?
14. What small thing reliably makes your life disproportionately better?
15. What have you outgrown but not quite let go of yet?
16. What do you keep saying you want, while repeatedly behaving as though you don't?
17. Who brings out the version of you that you like the most? What is different about you when you're with them?
18. If you met yourself for the first time today, what would you genuinely like about you?
19. What have you changed your mind about in the last five years that you once felt absolutely certain about?
20. After answering 20 questions about yourself, what question do you now realise nobody has asked you? And what is your answer?