

# PRAYER OF RELEASE

**I accept** all people, places and things  
that are a part of my path.

**I ask** that all people, places, and things  
that are a part of my path come to me,  
*with ease, grace*  
*and in perfect timing.*

**I release** all people, places and things  
that are not a part of my path.

**I ask** that all people, places and things  
that are not a part of my path release me,  
*with ease, grace and in perfect timing.*