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WELLBEING WARRIORS

**life
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~ Law Of Attraction #4 ~ Worksheet 1 - June 2024

No need to overthink this one, with The Law Of Attraction you can have whatever you want ☺ Have fun finding your answers and completing: then go watch the tutorial! No right or wrong answers: whatever comes up for you is perfect.

What is something **BIG** that I would really **LIKE** in my life?

What is something **MEDIUM** that I would really **LIKE** in my life?

What is something **SMALL** that I would really **LIKE** in my life?

What do I always feel GOOD ABOUT when I think about it? Instant feel good thoughts? Might be your cat? Your garden? Your mum? Your posh handbag? Name as many as you can.

- 1. _____
- 2. _____
- 3. _____
- 4. _____
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- 7. _____
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- 15. _____
- 16. _____
- 17. _____
- 18. _____
- 19. _____
- 20. _____

What do I always feel BAD ABOUT when I think about it? Instantly feel bad thoughts? Might be your ex. Your bank account. Your boss. Name as many as you can.

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
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- 19. _____
- 20. _____

What's a thing that I wanted for ages and then it just happened for you? How did that come about? (might be a partner / baby/ house/ car/ job/ pet etc). What chain of events unfolded so that thing just happened?

The thing I really wanted for ages was.....

And the way it came about was....

How did it FEEL when I got the thing?

How did it FEEL when I couldn't get the thing?

What's an amazing coincidence that has happened in your life? Met your future spouse on a plane? Sat next to your future BFF at an event? Had an intuition not to drive and missed a motorway pile up that day?

What is a little coincidence that happened to you recently? Bumped into a friend on the street? Saw just the product I needed in my newsfeed? Thought about someone then the phone rang and it was them?

When have things been working out for me...what looks like it had gone horribly wrong but then ended up being a good thing? Eg. I was really horribly sick – but that ended up kick-starting my second career, so it was actually a good thing in the end.

Nice work! Lots of good intel here for you to enhance and improve your Law Of Attraction skills this month. Go enjoy the tutorial ☺

Louise