



WELLBEING WARRIORS

SMART BUSY WOMEN IMPROVING THEIR WELLBEING ONE BITE AT A TIME

STRONG BODY • KIND HEART • FIERCE MIND • BRAVE SPIRIT

~ Law of Attraction ~ Worksheet 2 - April 2019

MY HAPPY TO DO LIST

TO DO (ME)

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

TO DO (THE UNIVERSE)

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

Wouldn't it be lovely if:

- _____
- _____
- _____
- _____

WHY would this be so great?

- _____
- _____
- _____
- _____

Evidence that things are always working out for me... what is going my way?