**~ Law of Attraction ~ Worksheet 1 - April 2019**

Don’t over-think this, Sugar! Have fun finding your answers and completing: then go watch the tutorial! No right or wrong answers: whatever comes up for you is perfect.

**What is something BIG that I would really LIKE in my life?**

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**What is something MEDIUM that I would really LIKE in my life?**

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**What is something SMALL that I would really LIKE in my life?**

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**What do I always feel GOOD ABOUT when I think about it? Instant feel good thoughts?**

Might be your cat? Your garden? Your mum? Your posh handbag? Name as many as you can.

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**What do I always feel BAD ABOUT when I think about it? Instant feel bad thoughts?**

Might be your ex. Your bank account. Your boss. Name as many as you can.

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**What’s a thing that I wanted for ages and then it happened for YOU? How did that come about?** (might be a partner / baby/ house/ car/ job/ pet etc). What chain of events unfolded so that thing happened?

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**The thing I really wanted for ages was…….**

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**And the way it came about was….**

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**How did it FEEL when I finally got the thing?**

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**How did it FEEL when I kept not getting the thing?**

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**What’s an amazing coincidence that has happened in your life?**

Met your future spouse on a plane? Sat next to you future BFF at an event? Had an intuition not to drive and missed a motorway pile up that day?

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**What is a little coincidence that happened to you recently?**

Bumped into a friend on the street? Saw just the product you needed in my newsfeed? Thought about someone then the phone rang and it was them?

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**When have things been working out for me…what looks liked it had gone horribly wrong but then ended up being a good thing?** Eg. I was really horribly sick – but that ended up kick-starting my second career, so it was actually a good thing in the end.

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*Good work, gorgeous! Keep those answers in mind when you are watching the tutorial and doing the 30 day Challenges this month - the Law Of Attraction is ALWAYS working: you might as well be leveraging it! Here’s to more good stuff coming to you with ease this month.*

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