**Worksheet #1 – September 2017 - Intuition Ignition**

Hey beautiful! Welcome to this month's module of wellbeing goodness – a Brave Spirit module this month all about developing your intuitive ability. Take a moment to check in before the tutorial:

 **How intuitive are you? Score yourself out of 10.**

1 2 3 4 5 6 7 8 9 10

**Do you believe in intuition?**

****

**Why? Or Why not?**

****

**Give an example of a time when you heard your intuition really clearly and acted on it:**

****

**What did you do?**

****

**How did it work out?**

****

**What did you do, or not do?**

****

**How did it work out?**

****

**Who do you know who is really intuitive?**

****

*Nice work! That’s a great start on recognising your Intuition – go watch the tutorial and hop in the facebook group and let’s Ignite our Intuition!*

**