**Worksheet #1 – September 2017 - Intuition Ignition**

Hey beautiful! Welcome to this month's module of wellbeing goodness – a Brave Spirit module this month all about developing your intuitive ability. Take a moment to check in before the tutorial:

**How intuitive are you? Score yourself out of 10.**

1 2 3 4 5 6 7 8 9 10

**Do you believe in intuition?**

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**Why? Or Why not?**

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**Give an example of a time when you heard your intuition really clearly and acted on it:**

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**What did you do?**

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**How did it work out?**

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**What did you do, or not do?**

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**How did it work out?**

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**Who do you know who is really intuitive?**

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*Nice work! That’s a great start on recognising your Intuition – go watch the tutorial and hop in the facebook group and let’s Ignite our Intuition!*

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