**Worksheet #2 – August 2016 - Taking a Vacation from Procrastination!**

What actions have you taken this month that you had previously been putting off? What have you accomplished?

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| **Work** |
| **1.** |
| **2.** |
| **3.** |
| **4.** |
| **5.** |

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| **Home** |
| **1.** |
| **2.** |
| **3.** |
| **4.** |
| **5.** |

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| **Tricky Conversations** |
| **1.** |
| **2.** |
| **3.** |

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| **Big Decisions** |
| **1.** |
| **2.** |
| **3.** |

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| **Money** |
| **1.** |
| **2.** |
| **3.** |

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| **Health – Mind + Body.** |
| **1.** |
| **2.** |
| **3.** |
| **4.** |
| **5.** |

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| **Social** |
| **1.** |
| **2.** |
| **3.** |
| **4.** |
| **5.** |

Good work, baby!

**How does your energy feel having accomplished all that?**



**What have you learned about yourself this month?**



